



## HSE Training Programs

### Level (2) Basic Life Support and Use of an AED

#### Who is Basic Life Support for?

Basic Life Support is designed for people at any level, in any sector worldwide, who need a grounding in the essentials of first aid.

#### What will they get out of it?

Learners gaining this qualification will know that cardiopulmonary resuscitation and automated external defibrillation are an essential part of the chain of survival. Upon completion, learners should be able to safely and effectively use an automated external defibrillation machine.

#### What is Basic Life Support covers?

With Basic Life Support course candidate will be able to:

- ① Manage an unresponsive casualty who is breathing normally.
- ② Manage an unresponsive casualty who is not breathing normally.
- ③ Know how to safely use an automated external defibrillator.
- ④ Use an automated external defibrillator.

#### What results can I expect?

A BLS course teaches you the right way of moving an injured person without causing them more pain. BLS teaches the use of an automated external defibrillator (AED). A BLS course teaches students how to administer oxygen through a valve mask bag. You learn to recognize and respond to a choking emergency.